



**Daniel Conway**  
Personal and Executive Coach

# Improving Your Relationship With Money

Six evening workshops in London to help you establish a mature and healthy relationship with your money.

**Does money make you anxious?**

**Do you know where your money goes?**

**Do you hold your money so tightly that you don't get pleasure from it?**

**Does your money control you?**

## The importance of money

Money is a key part of our lives, and the function of our society depends upon it. Some of us learn skills on how to manage our money, yet few of us have the opportunity to fully explore our relationship with it.

Without a mature and healthy relationship with money, we limit our ability to freely give, hold and receive. Our interaction with money is indicative of many other aspects of our lives.

## Improving the relationship

Through a series of workshops, we will look at:

- The meaning you place on money.
- How your family and upbringing has influenced your view of money.
- How money is indicative of your ability to give and receive kindness, love and other things.
- What is stopping you from saving and spending in a free and fluid way.
- The dynamics of money with your partner, family and friends.
- The difficulty of discussing money in society.

## About the workshops

The workshops will be facilitated by Daniel Conway, a personal and executive coach with ten years of experience in the banking industry and property investment.

We will meet on a weekly basis in London. Over six evening workshops of two hours, we will look closely at what stops us from having a mature and healthy relationship with money. The workshops will provide a supportive environment for discussing money, something which is not easy in our culture.

To ensure that we are able to work in an atmosphere of trust and safety, the group will contain no more than 12 participants. Once we have started working together, new members will not be permitted to join the group.

## Working with enquiry

This workshop will be based on the principles of action enquiry. Within a clear structure that builds progressively, we will be exploring questions about what shapes and governs your approach to money, and inviting you to take action between sessions which we will reflect on together. This powerful approach allows you to discover your own truths and break free of your current limiting patterns.



Realising Your Potential

[www.danielconway.com](http://www.danielconway.com)



## Daniel Conway

### Personal and Executive Coach

#### Schedule

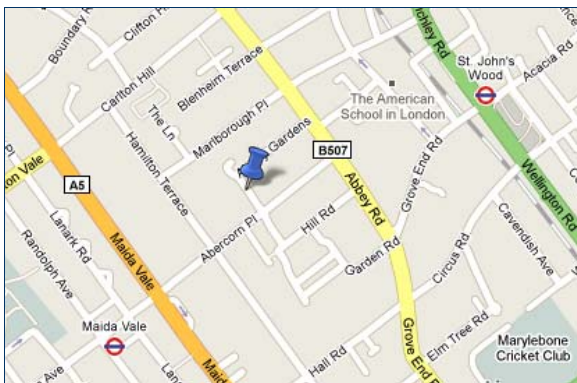
Wednesday evenings beginning 27<sup>th</sup> January 2010, from 7:00 to 9:00pm.

| Workshop | Date       | Time          |
|----------|------------|---------------|
| 1        | Wed 27 Jan | 7:00 – 9:00pm |
| 2        | Wed 3 Feb  | 7:00 – 9:00pm |
| 3        | Wed 10 Feb | 7:00 – 9:00pm |
| 4        | Wed 17 Feb | 7:00 – 9:00pm |
| 5        | Wed 24 Feb | 7:00 – 9:00pm |
| 6        | Wed 3 Mar  | 7:00 – 9:00pm |

#### Venue

##### Violet Hill Studios

6 Violet Hill  
St John's Wood, London, NW8 9EB  
+44 (0)20 7624 6101



- Four minutes from Maida Vale station (Bakerloo).
- Six minutes from St John's Wood station (Jubilee).
- Access from Paddington and Marylebone stations.
- Buses in Wellington Road (13, 46, 82, 113), Maida Vale (16, 16A, 98) and Abbey Road (139).
- Street parking free after 6:30pm.

#### Reserve Your Place

**Fee: £22.50 per session (£135 total)**

Refreshments included. Concessions are available. VAT is not applicable.

**To reserve your place**, or to find out further information, please contact:

**Daniel Conway**  
**+44 (0)78 5044 9641**  
**contact@danielconway.com**  
**www.danielconway.com**

#### About Daniel Conway

Daniel is a personal and executive coach based in London. He has a broad client base, working in south east England and across the UK. He is informed by a Gestalt methodology and works with a relational paradigm.



His background includes ten years as a software developer and project analyst in investment banking, as well as a mechanical engineer in the chemical industry. Daniel has also established himself as a property investor and developer.

The richness of his experience allows him to work with people to explore difficult self issues in the context of real-world practicalities.

He hopes to help people find the connection between money and soul. He believed for a long time that the two were not compatible, and this caused him much suffering.